



Takeaway Lunch Menu...

Hot Speciality Sandwiches Some of Wild Flours tastiest creations

Regular T-cake £3.85 Large Baton or Wrap £4.50

*hot item prices include VAT

Cajun Beef with caramelized onions, cheddar, coleslaw, lettuce and tomato.

Roast Ham, Sauteed Mushrooms, & Lancashire Cheese with Dijonnaise, lettuce, tomato

Turkey, Chorizo and red peppers with spicy peri mayo and lettuce

Chicken B.L.T with sweet chilli mayo

Wild Flour Club with ham, turkey, bacon, lettuce, tomato, balsamic dressing, & garlic mayo

Tex Mex Beef with peppers, mushrooms, cheddar, chipotle mayo and lettuce

Homemade Harissa Spiced Falafel Wrap with mango chutney and salad (vegan)

Roast Ham, Melted Brie and Cranberry Sauce with lettuce and tomato

Bacon and Garstang Blue with Garlic Mayo, lettuce, tomato and balsamic dressing

Cold Speciality Sandwiches.....

Regular £3.15 Large Baton, Wrap or Homemade Bread £3.85

Prawn Cocktail in marie rose sauce with lettuce and tomato

Vegtastic with homemade sundried tomato hummus, olives, feta, salad

Tasty Tuna Crunch with peppers, celery, red onion, cucumber, tomato, lettuce, mayo

Creamy Lancashire Cheese with homemade pear and apple chutney and salad

Balti Turkey with curry mayo, mango chutney and salad

Wild Flour Classics... served with salad

Regular t cake £3.00 Large Baton, Wrap or Homemade Bread £3.65

Brown Sugar Roast Ham, Roast Topside of Beef, Chicken Breast or Turkey Breast

Free Range Egg Mayo, Tuna Mayo, Cheddar cheese

Or prefer them plain £2.40 regular / £3.00 large

Hot Classics...

Regular t cake £3.15 Large Baton £3.80

Hot Beef with caramelized onions and gravy

Turkey, Stuffing, Cranberry and Gravy

Hot Chicken and Mayo ..or try it with Chilli Mayo

Wild Flour Deluxe Salad Boxes... includes homemade coleslaw, potato salad and a deli salad

£4.60 One filling £5.60 Two fillings

Fillings include **Balti Turkey, Peri Chicken, Brown Sugar Roast Ham, Topside of Beef, Lancashire Cheese and Chutney, Prawn cocktail, Tuna Crunch, Free Range Egg Mayo, Vegtastic, Bacon and Garstang Blue**

Homemade Soup of the Day.... £2.20

(always veggie, always tasty!)

Wild Flour Daily Specials... from £4.50

(highly recommended !!!)